

Lunch Meal Prices:
 \$3.00 Students
 \$3..75 Guest Children
 \$3.75 for All Adults
 Milk is .60 and one comes
 with each meal

We Encourage for you to
 deposit larger
 amounts in our accounts



October

Cold Selects Options:
 Turkey & Cheese,
 Ham & Cheese,
 Sunbutter & Jelly,
 Yogurt & Cheese
 sticks,
 Peanutbutter & Jelly
 Cooks Choice each
 week!

Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Popcom Chicken Buttered Noodles Green Beans Orange Salad Bowl Turkey & Cheese Sandwich Salad Box MILK - Variety	2 Salad Box Petite Rolls Sunflower Seed Butter and Jelly Sandwich Peanut butter and Jelly Salad Bowl Carrot Sticks MILK - Variety	3 SALISBURY STEAK Whipped Potatoes Orange Broccoli Whole Grain Roll Turkey & Cheese Sandwich Salad Bowl Salad Box	4 Turkey,Ham & cheese Subs Fresh Apple Wedge Carrot Sticks Salad Bowl Turkey & Cheese Sandwich MILK - Variety Hummus
7 Hot Dog on Bun Baked Lays Chips Cinnamon Applesauce Cups Carrot Sticks Ham & Cheese Sandwich MILK - Variety RANCH DRESSING	8 Cinnamon French Toast Breakfast Sausage Patty Orange Potato Wedges Ham & Cheese Sandwich MILK - Variety Salad Bowl	9 Walking Taco's Corn Fresh Pear Salad Bowl Ham & Cheese Sandwich MILK - Variety	10 Spagetti and Meat Sauce French Bread Salad Bowl Fresh Apple Wedge Ham & Cheese Sandwich MILK - Variety Extra Fresh Veggie Opt.	11 Cheese Pizza Fresh Strawberries Carrot Sticks Hummus Salad Bowl Turkey & Cheese Sandwich MILK - Variety Extra Fresh Veggie Opt.
14 Chicken Nuggets Real Mashed Potatoes Fresh Apple Wedge Green Beans Salad Bowl Sunflower Seed Butter and Jelly Sandwich MILK - Variety	15 Unbreaded Pork Chops Cinnamon Applesauce Cups Real Mashed Potatoes Cottage Cheese Salad Bowl MILK - Variety Sunflower Seed Butter and Jelly Sandwich	16 BBQ Rib on a Baked Beans Fruit Cocktail Salad Bowl Sunflower Seed Butter and Jelly Sandwich MILK - Variety Extra Fresh Veggie Opt.	17 NO SCHOOL TODAY	18 NO SCHOOL TODAY
21 Popcom Chicken Petite Rolls Mixed Vegetables Fresh Pear Salad Bowl Ham & Cheese Sandwich MILK - Variety	22 Home Made Hamburgers or Cheese Burgers Fresh Apple Wedge Sweet Potato Fries with cinnamon Salad Bowl MILK - Variety Ham & Cheese Sandwich	23 Hard shell Taco Corn Grapes Salad Bowl Ham & Cheese Sandwich MILK - Variety Extra Fresh Veggie Opt.	24 Pizza Cruncher Cheese filled Salad Bowl Orange Carrot Sticks Ham & Cheese Sandwich MILK - Variety Hummus	25 NO SCHOOL TODAY
28 Pancakes Scrambled Eggs Apple Juice Sweet Potato Tots Salad Bowl Cold Select: Yogurt, Cheese & Roll MILK - Variety	29 Oven Fried Chicken Real Mashed Potatoes Petite Rolls Broccoli Fresh Strawberries Salad Bowl Cold Select: Yogurt, Cheese & Roll	30 Soft Shell Taco's Green Beans Orange Salad Bowl MILK - Variety Cold Select: Yogurt, Cheese & Roll Salsa	31 Beef Pot Roast Potatoes and Gravy Carrot Sticks Petite Rolls Pineapple Tidbits Salad Bowl Cold Select: Yogurt, Cheese & Roll	1 "This institution is an equal opportunity

In the operation of child
 feeding programs, no child
 will be discriminated against
 because of race,
 color,national origin, age or
 disability. If you believe
 you have been discriminated
 against write immediately to
 Dept. of Agriculture, Wash.
 DC 20250.