



ROCK THE BLOCKS, RIDE THE WAVE



**Whether you're 8 or
18, Riptide has a
training group for you!**



SWIM TEAM EVALUATIONS 2024 FALL/WINTER

WHEN:

Saturday, August 17th, 3pm-4:30pm

Sunday, August 25th, 6pm-7:30pm

Tuesday, August 27th, 6pm-7:30pm

WHERE:

Dowling Catholic High School Pool

1400 Buffalo Rd, West Des Moines, IA 50265

Please enter through the south entrance for the pool and gym.

EVALUATION DETAILS

AGES: 6-18 years old

BRING: Swimsuit, goggles, towel, swim cap (optional)

***SWIM SKILLS:** Evaluations will include swimming the length of the pool (25 yards) with each stroke as well as a short swim team practice.

SEASON DATES: September 2nd-February 23

CLUB FEES: Dependent upon training group and optional meet participation.

PARENT INVOLVEMENT: Engaged families are essential for the success of the team. Riptide will host a swim meet in May and parent support is necessary for planning and running a successful meet.

PRE-REGISTRATION: Please use the QR Code or [LINK](#) to let us know you are coming to evaluations.



Practice schedules, important dates, upcoming events, team meet schedule and additional information can be found at www.dowlingcatholicriptide.org. Additional questions can be emailed to the team at dchsriptide@gmail.com.

*Swimmers unable to swim 25 yards of freestyle and 25 yards of backstroke should consider swimming lessons prior to trying out for swim team.