

"My coach was always encouraging and took the time to learn about all of us as individuals."

## Dowling Catholic Basketball Club Girls in grades 6<sup>th</sup>-8<sup>th</sup>

"my coach helped me improve and cheered me on."

**Who:** Girls that will be in entering 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grade for the 2020-2021 school year and are interested in playing club basketball.

**What:** DCBC is a competitive girls youth basketball program preparing athletes for playing basketball at Dowling Catholic High School. Kristin Meyer, DCHS girls varsity basketball head coach, is involved with every aspect of DCBC.

### **When:**

- Tryouts for DCBC are held the 1<sup>st</sup> and/or 2<sup>nd</sup> week in August (2020 dates have not been established yet – please watch the DCBC website for further details)
- Camps/Clinics – DCHS offers basketball camps/skills clinics over the summer for girls in elementary/middle school. These camps/clinics are led by Coach Meyer, additional DCHS girls coaching staff, and some of the DCBC coaches.

## Teammates

How can you stay up-to-date on what's going on with DCBC and DCHS basketball camps/clinics? Watch our DCBC website and the DCHS website. Links are below

**DCBC** - <https://www.dowlingcatholicbasketballclub.com/>

**DCHS** – "athletics tab" and the "camps/clinics drop down"

<https://reg.abcsignup.com/view/cal3a.aspx?ek=&ref=&aa=&sid1=&sid2=&as=21&wp=65&tz=&ms=&nav=&cc=&cat1=&cat2=&cat3=&aid=DCHS&rf=>

## Friendships

"I loved my coach, she is very hard working and dedicated. She always pushed us to get better."



"Coaches know how to explain drills and plays to us. They are also very encouraging and pushed us to be better."