

MIDDLE SCHOOL WRESTLING - 2024

DCHS Middle school wrestling is for 7th and 8th grade boys that attend a parochial elementary school. First practice will be **October 21, 2024 at 4 pm**. Practices will be held at Dowling Catholic High School (Meet in the Varsity Wrestling Room which is above the large gym)

Contact Head Coach, Casey Radles to sign up: crandles@dowlingcatholic.org

The cost to participate will be \$150 and billed closer to the first day of practice. Practices will be every Monday-Friday 4-6 pm unless we have a match. Competition dates are as follows.

THURSDAY, OCT 31, 2024

Wrestling: Boys 8th Meet TBD Ankeny Centennial High School

TUESDAY, NOV 05, 2024

Wrestling: Boys 8th Meet TBD Waukee

THURSDAY, NOV 07, 2024

Wrestling: Boys 8th Meet 4:30 pm Urbandale, Valley Dowling Catholic High School

THURSDAY, NOV 14, 2024

Wrestling: Boys 8th Meet TBD Indianola Middle

THURSDAY, NOV 21, 2024

Wrestling: Boys 8th Meet TBD Des Moines Lincoln

MONDAY, NOV 25, 2024

Wrestling: Boys 8th Meet TBD Dallas Center-Grimes Dallas Center-Grimes Meadows

TUESDAY, DEC 03, 2024

Wrestling: Boys 8th Meet 4:30 pm Des Moines North, Johnston Dowling Catholic High School

MONDAY, DEC 09, 2024

Wrestling: Boys 8th Meet TBD Waukee

THURSDAY, DEC 12, 2024

Wrestling: Boys 8th Meet TBD Ames