

Dowling Soccer Club – Mini Maroons Program

Mini Maroons is an innovative instructional program that introduces boys and girls ages 5-7 to the basic skills of soccer. The program is designed to expose young players to a small, simple and realistic form of soccer. Fun is the primary focus. Our instructors use fundamental soccer activities, games and stories to develop their skills in the following areas:

- Balance, Agility and Coordination
- Technical Skills
- Physical Development
- Social skills
- Self confidence
- Communication
- Teamwork



The participants meet once a week for six weeks. Each week, players enjoy 20 minutes of age-appropriate instructions followed by 30 minutes of small-sided scrimmaging. Each player should bring shin guards, a size 4 soccer ball and a water bottle. Each child will receive a Dowling Soccer Mini Maroons T-shirt. Program cost is \$75.

REGISTRATION NOW OPEN

Fall season sign-ups are now being accepted. Register your son or daughter today at: www.dowlingsoccerclub.org

KEY DATES AND DETAILS

6-week program is held each Saturday morning at Dowling Catholic High School on the upper grass fields on the west side of campus from 9:00 am to 10:00 am. Season begins Saturday, September 10

Cost

\$75 per child

Each child will receive a Dowling Soccer Mini Maroons T-shirt.

Deadline

Fall, 2022 season sign-up deadline is September 6

Call for volunteers: **We are looking for 8-10 parents to volunteer to help out each week. If you are interested in volunteering, you can sign-up for via the SignUpGenius link below:** <https://www.signupgenius.com/go/20f0c44aea729a4f85-mini>